

A decorative header featuring several red hearts of various sizes and a string of smaller hearts. In the center, there is a large, light-colored envelope with a red heart on its flap. To the right, a red ribbon banner contains the text 'Submit before February 28th!'.

Submit  
before  
February  
28th!

# Put Some Heart Into It

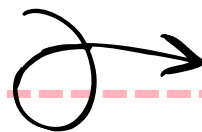
A few words of **encouragement** can mean everything.

Chrysalis helps people who are **starting over**—whether they've experienced homelessness, job loss, or other major setback—prepare for and find employment.

You can help in a simple but **meaningful** way by sharing a short message of encouragement to a Chrysalis client.

Pick from our pre-written list or write you own - it takes **less than 20 seconds**, and we'll share your words with someone taking their next step forward.

Scan QR code to put some heart into it or visit **[ChangeLives.org/Heart](https://www.ChangeLives.org/Heart)**



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