

## Some Tools for the White Anti-Racist Journey A Short and Extremely Non-Exhaustive List

### Read:

[White Fragility: Why It's So Hard for White People to Talk About Race](#), by Robin DiAngelo

[So You Want to Talk About Race](#), by Ijeoma Oluo

[How to Be an Anti-Racist](#), by Ibram X. Kendi

The 1619 Project, by various authors, *New York Times* magazine

### Listen:

Seeing White podcast, produced by Scene on Radio

Codeswitch podcast, produced by NPR

### Watch:

MTV Decoded on YouTube

### Join:

Your local chapter of Standing Up for Racial Justice (SURJ)

In a supporting role, movements/campaigns founded, led, and run by people of color

### Learn:

Find trainings in your area by Race Forward, the People's Institute for Survival and Beyond, or other groups working on interpersonal, institutional, and structural racism.

### Notice:

#### ***Proximity***

Where does your news and information about the world come from? Are you reading media produced and written by people of color? Make yourself a Twitter or other social media feed comprised primarily of writers and thinkers who are Black, Indigenous, and other people of color. What happens when you limit your exposure to historically white media – how does your perspective shift over time?

#### ***Making space***

Are you supporting people of color at work and in your community by listening first and centering those most affected by oppression? In groups and in public, how much airtime and physical space you are taking up? Whose voices get heard most? Statistically, men interrupt women and white women interrupt women of color – are you perpetuating these patterns?

#### ***Everyday reparations***

What are the choices you have every day, small and large, and how might you consider racial justice as you make them? Are you sharing or directing your resources (time, money, space, gigs, connections, etc.) toward efforts founded and led by Black, Indigenous, and other people of color?

*Have any of these resources helped you? Got others to recommend? Let me know!*

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